# March 2023 Schedule

**Monday**
- 6:00am: Classical Stretch
- 6:30am: Happy Yoga
- 7:00am: Finding Your Roots
- 7:30am: This Old House
- 8:00am: Antiques Roadshow
- 8:30am: Donkey Hodie
- 9:00am: Pinkalicious
- 9:30am: Elinor Wonders Why
- 10:00am: Rosie’s Rules
- 10:30am: Sesame Street
- 11:00am: Work It Out Wombats
- 11:30am: Donkey Hodie
- 12:00pm: Sit and Be Fit
- 12:30pm: To Be Announced
- 1:00pm: The Joy of Painting
- 1:30pm: Sewing With Nancy
- 2:00pm: The Joy of Painting
- 2:30pm: Classical Stretch
- 3:00pm: This Old House
- 3:30pm: To Be Announced
- 4:00pm: Antiques Roadshow
- 5:00pm: Antiques Roadshow

**Tuesday**
- 6:00am: Classical Stretch
- 6:30am: Happy Yoga
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- 2:00pm: The Joy of Painting
- 2:30pm: Classical Stretch
- 3:00pm: This Old House
- 3:30pm: To Be Announced
- 4:00pm: Antiques Roadshow
- 5:00pm: Antiques Roadshow

**Wednesday**
- 6:00am: Classical Stretch
- 6:30am: Happy Yoga
- 7:00am: Happy Yoga
- 7:30am: Finding Your Roots
- 8:00am: This Old House
- 8:30am: Donkey Hodie
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- 9:30am: Elinor Wonders Why
- 10:00am: Rosie’s Rules
- 10:30am: Sesame Street
- 11:00am: Work It Out Wombats
- 11:30am: Donkey Hodie
- 12:00pm: Sit and Be Fit
- 12:30pm: To Be Announced
- 1:00pm: The Joy of Painting
- 1:30pm: Sewing With Nancy
- 2:00pm: The Joy of Painting
- 2:30pm: Classical Stretch
- 3:00pm: This Old House
- 3:30pm: To Be Announced
- 4:00pm: Antiques Roadshow
- 5:00pm: Antiques Roadshow

**Thursday**
- 6:00am: Classical Stretch
- 6:30am: Happy Yoga
- 7:00am: Happy Yoga
- 7:30am: Finding Your Roots
- 8:00am: This Old House
- 8:30am: Donkey Hodie
- 9:00am: Pinkalicious
- 9:30am: Elinor Wonders Why
- 10:00am: Rosie’s Rules
- 10:30am: Sesame Street
- 11:00am: Work It Out Wombats
- 11:30am: Daniel Tiger
- 12:00pm: Sit and Be Fit
- 12:30pm: To Be Announced
- 1:00pm: America’s Test Kitchen
- 1:30pm: Knit/Crochet Now
- 2:00pm: Classical Stretch
- 2:30pm: This Old House
- 3:00pm: To Be Announced
- 4:00pm: Family Pictures USA
- 5:00pm: To Be Announced

**Friday**
- 6:00am: Classical Stretch
- 6:30am: Happy Yoga
- 7:00am: Happy Yoga
- 7:30am: Finding Your Roots
- 8:00am: This Old House
- 8:30am: Donkey Hodie
- 9:00am: Pinkalicious
- 9:30am: Elinor Wonders Why
- 10:00am: Rosie’s Rules
- 10:30am: Sesame Street
- 11:00am: Work It Out Wombats
- 11:30am: Daniel Tiger
- 12:00pm: Sit and Be Fit
- 12:30pm: To Be Announced
- 1:00pm: Life in Bloom
- 1:30pm: Quilting Arts
- 2:00pm: Classical Stretch
- 2:30pm: This Old House
- 3:00pm: To Be Announced
- 4:00pm: To Be Announced
- 5:00pm: To Be Announced

**Saturday**
- 6:00am: Classical Stretch
- 6:30am: Happy Yoga
- 7:00am: Happy Yoga
- 7:30am: Finding Your Roots
- 8:00am: This Old House
- 8:30am: Donkey Hodie
- 9:00am: Pinkalicious
- 9:30am: Elinor Wonders Why
- 10:00am: Rosie’s Rules
- 10:30am: Sesame Street
- 11:00am: Work It Out Wombats
- 11:30am: Daniel Tiger
- 12:00pm: Sit and Be Fit
- 12:30pm: To Be Announced
- 1:00pm: Life in Bloom
- 1:30pm: Quilting Arts
- 2:00pm: Classical Stretch
- 2:30pm: This Old House
- 3:00pm: To Be Announced
- 4:00pm: To Be Announced
- 5:00pm: To Be Announced

**Sunday**
- 6:00am: Mister Rogers
- 6:30am: Arthur
- 7:00am: Molly of Denali
- 7:30am: Rosie’s Rules
- 8:00am: Wild Kratts
- 8:30am: Curious Crew
- 9:00am: Antiques Roadshow
- 10:00am: Family Plot
- 11:00am: The Impact
- 11:30am: To the Contrary
- 12:00pm: Firing Line
- 12:30pm: Storytelling Public Square
- 1:00pm: To Be Announced
- 1:30pm: Sewing With Nancy
- 2:00pm: Quilting Arts
- 2:30pm: Washington Grown
- 3:00pm: Growing Greener World
- 3:30pm:-American’s Test Kitchen
- 4:00pm: Country Kitchen
- 4:30pm: Your Fantastic Mind
- 5:00pm: PBS News Weekend
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March 9: 10 Parks and 10 Streets That Changed America